



FOR IMMEDIATE RELEASE

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Individual trauma results from an event, series of events, or set of circumstances experienced by an individual as physically or emotionally harmful or life-threatening with lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual well-being. (SAMHSA)

For McHenry County mental health clinicians looking for more training in Trauma Based Care, the MHB will be hosting a follow up to the June 7th training which was titled *What is Trauma: Understanding the Impact of Trauma in Our Lives* facilitated by Raul Almazar, MA, RN.

Trauma Informed Care Part 2: NOW WHAT? presented by Raul Almazar, RN, MA on Friday, October 18, 2019 - 9:00 am to 3:30 pm will focus on implementation strategies of trauma informed approaches using SAMHSA's Principles of Trauma Informed Approaches and Domains for implementation. This will be an interactive session wherein participants will bring to the training successes and challenges.

Who Should Attend: Psychologist (Ph.D), Social Worker (MSW), Mental Health Counselor, Mental Health Therapist, and other mental health professionals (preferably individuals who attended Part 1).

To register please visit: www.mc708.org

Mr. Almazar has many years of experience as direct care provider, administrator, organizational and clinical consultant, trainer, and speaker. Prior to working as full-time consultant in 2009, he served as Deputy Director for the State of Illinois Division of Mental Health where he was charged to facilitate an organizational culture shift in all 10 State -operated facilities towards person-centered, trauma-informed, recovery-promoting, non-coercive treatment settings.

For additional information, please contact Scott Block, McHenry County Mental Health Board Executive Director at 815-788-4364.